45° Giro delle Dolomiti

For the 45th time from 24 to 30 July 2022 cycling enthusiasts will be able to take part in the experience of the Giro delle Dolomiti. In those days, about 600 amateur cyclists will take part in the six stages in the Dolomites and breathe the breath-taking atmosphere of the mountains of Trentino-Alto Adige. Although most people take part for the sheer pleasure of cycling in the midst of so much beauty, in each stage there will be timed sections with closed traffic, on the basis of which the winner and the winner of the general classification will be decreed. The number of stages that will be in Trentino is new. In fact, in 2022, the Giro will take place twice in the neighbouring province.

Since 1977, the non-profit association ASD Giro delle Dolomiti has been organizing the largest South Tyrolean cycling tour, which every year attracts hundreds of people who become fond of it and then return every edition. The Giro delle Dolomiti enjoys great popularity also on the international scene. You can see it from the many cyclists who from year to year arrive in the northernmost region of Italy to take part in the week-long event, return to grind kilometres and face meters of difference in altitude even from overseas. In 2022 the total distance of the six stages will be 650 kilometres, the difference in altitude of about 9700 meters.

The Giro delle Dolomiti 2022 will begin on July 24th with the stage on Renon**,** followed by the stages in Val Venosta, at Passo Erbe, a day of rest and then resumed with the stages in Val Sarentino, Monte Bondone and in the city of Trento.

The big news of the 45th Giro delle Dolomiti will await the participants in the last two days of the cycling event. In the fifth stage on Friday, July 29, we will start from Trento and go as far as Arco, from where we can also capture the northern shore of Lake Garda, and then climb Monte Bondone. On the last day, the Team Crono will take place. The route will be the same as the European Road Championships that took place in Trentino in 2021. We will start again from Trento and cycle twice towards Aldeno. The program for this day will include 27.6 kilometres of route with 112 comfortable meters of altitude difference before the great award ceremony in Trento.

In the 45th edition there will also be the two-kilometer Giro Sprint, which take place in each stage on sections that are not too steep and are included in the program from 2021 with the exception of the Team Crono. All participants will be equipped with a chip, which will measure the times of the athletes in these sections.

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REGISTRATIONS ARE ALREADY OPEN

From 15 December you can register for the entire Giro delle Dolomiti or for the individual stages. To take part in all six stages, a registration fee of 450 euros must be paid, participation in a single stage costs 90 euros. In addition to the usual race pack for all participants (which can be picked up at Fiera Bolzano, the logistics venue of the event), the price includes daily mechanical help, health care along the stages, two refreshment points along the routes, lunch at the end of each stage with particular attention to allergies and food intolerances.

Participants will be able to request services such as daily insurance, a package of mineral salts and more. Furthermore, all those who arrive in South Tyrol from afar and stay overnight at the hotel can request reductions at the reception of some selected hotels indicated on the website. To register or get more information, all interested parties can consult the website www.girodolomiti.com.

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